



YENEPOYA

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956


Accredited by NAAC with 'A' Grade

Value Added Course

Gerontological Nursing

Course Code-YN109

ATTESTED


Dr.Gangadhara Somayaji K.S.
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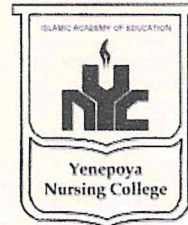


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YENEPOYA NURSING COLLEGE

(A Constituent college of Yenepoya (Deemed to be University),
Deralakatte, Mangaluru-575018)



**Gerontological
Nursing**



**Operation Theatre
Nursing**

**ADD-ON
COURSES
FOR
STUDENTS**



**Forensic
Nursing**



**Palliative care
Nursing**

ATTESTED

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Preamble:

Professionally qualified graduates with a sound knowledge of their core disciplines and expertise will have more employment opportunities in the future. Industry demands professionally graduates who possess adequate skills.

Scope and need

Nursing is a complex and challenging profession. Nursing professionals must learn and practice multiple skills as they move to advanced level in their career. At higher level of education nurses need to apply the theoretical and evidenced based information that underpins task performance. Offering add-on courses are best measure to identify the interest of graduating nurses and to equip them with essential skills.

Courses offered

SI No	Name of the course	Department	Placement
1.	Operation Theatre Nursing	Medical Surgical Nursing	I PB BSc Nursing
2.	Palliative care Nursing	Child Health Nursing	II PB BSc Nursing II MSc Nursing
3.	Gerontological Nursing	Obstetrics and Gynecological Nursing	II PB BSc Nursing II MSc Nursing
4.	Forensic Nursing	Mental Health Nursing	II PB BSc Nursing

Duration:

Theory: 30 hours

Practical: 90 hours

Evaluation :

The examination will be conducted by the Nursing college affiliated to Yenepoya (Deemed to be) University.

Criteria for eligibility to appear for University Exam

i. 80% attendance in theory

ii. 100% attendance in practical


Criteria for pass

In order to pass a candidate should obtain at least 50% marks aggregate including internal Assessment and marks obtained from college examination

Award of Certificate/Diploma

Certificate will be awarded by the Yenepoya Nursing College affiliated to Yenepoya (Deemed to be) University).

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YENEPOYA NURSING COLLEGE

DEPARTMENT OF OBG NURSING

ADD ON COURSE SYLLABUS - GERONTOLOGICAL NURSING

2019-2020

ATTESTED


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Department of OBG Nursing

Gerontological Nursing

1. Preamble

Gerontological nursing is the specialty of nursing pertaining to older adults. Gerontological nurses work in collaboration with older adults, their families, and communities to support healthy aging, maximum functioning, and quality of life.

The present course is designed with the objective of training registered nurses in the field of geriatric care and management. It is hoped that these scientifically trained geriatric workers will offer a solution to problem which is currently neglected.

2. Scope and need

Gerontological nursing draws on knowledge about complex factors that affect the health of older adults

India's elderly population is rising on a rapid manner from 8% in 2001 and which is calculated to rise to 12% in 2025 and 20% in 2050.


Gerontological nurses work in a variety of settings, including acute care hospitals, rehabilitation, nursing homes, assisted living facilities, retirement homes, community health agencies, and the patient's home.

3. Aims

The aims of the course are to:

- Provide an advanced educational experience which will develop the nurse's intellectual and imaginative abilities in order to facilitate the development of independent judgement and problem-solving skills of elderly.

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- Provide an educational framework that will encourage the nurses to develop her/his skills of analysis and critical awareness in order to stimulate an enquiring and creative approach to both the theory and practice of Gerontological nursing.
- Develop the ability to respond to changing needs in Gerontological nursing in an analytical way.
- Develop the critical awareness of relevant research findings and facilitate integration of these findings into Gerontological nursing practice.

4. Eligibility


Candidates who are enrolled for P B B. Sc. (N) and M Sc. (N) students

5. Duration including hours of theory/practical/clinical/hands-on/community visits

Theory-30 hrs

Practical-90 hrs

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6. Curriculum including syllabus and course content

Course description

The course is designed to prepare student nurses with specialized knowledge, skills and attitude in providing advance quality care to elderly.

Course Objectives

- Describe the principles and nursing issues associated with gerontology
- Identify strategies related to assessment, drug effects, and role of alternative and complementary medicine in the management of elderly problems
- Recognises the various hospital care system in the management of the elderly
- Apply and integrate principles of biological and psychological sciences to identify and deal with common physiological and psychological problems facing by elderly.
- Understand the effects of medications on aging
- Identify various ethical and legal issues involved in Gerontological care
- Understand the concept of stress and coping among elderly

Unit no.	Theory hours	Practical hours	Content	Method of teaching
I	4	5	Introduction <ul style="list-style-type: none"> ❖ Concept ❖ Principles, scope, ❖ Normal physiological and psychological aging ❖ Ageing Theories 	Lecture cum discussion Group Discussion
II	8	40	Approach to the Patient <ul style="list-style-type: none"> ❖ Assessment of an elderly people ❖ Cultural Aspects of elderly Care ❖ Elderly care: <ul style="list-style-type: none"> • Rehabilitation • Nursing-Home Care • Transitional Care • Community-Based Care • Outpatient Care Systems • Perioperative Care • Palliative Care • Acute care of older adults in emergency 	Lecture cum discussion Group Discussion Interactive session

			department	
III	14	40	Elderly problems and management <ul style="list-style-type: none"> ❖ Management of common problems of aging: <ul style="list-style-type: none"> • Physical problem • Psychological problem • Social problem • Economical problem ❖ Safeguarding adults ❖ Pharmacotherapy considerations for older adults ❖ Role of complementary and alternative medicine in elderly care ❖ Stress and coping in elderly 	Lecture cum discussion Group Discussion Psychodrama Seminar Interactive session
IV	4	5	<ul style="list-style-type: none"> ❖ Ethical and medico legal issues in Gerontological care ❖ End of Life Issues ❖ Paternalism ❖ Consent/Confidentiality ❖ Competence/Capacity ❖ Substitute Decision Making ❖ Advance Health Care Directives Act ❖ Neglected Adults Act, ❖ Mental Health Act 	Lecture cum discussion Group Discussion Interactive session

References

1. Atricia A, Tabloski P. Gerontological Nursing: The Essential Guide to Clinical Practice, 2nd ed: Pearson; 2010.
2. Biein B. An older person as a subject of comprehensive geriatric approach, 1st ed: Rocz Akad Med Bialymst; 2005.
3. Brown J, Nolan M, Davies S. Bringing caring and competence into focus in Gerontological Nursing: a longitudinal, multi-method book. Int J Nurs Stud 2008;45(5):654-67.
4. Snyder C, Wesley S, Lin M, May JD. Bridging the gap: gerontology and social work education. Gerontol Geriatr Educ 2008;28(4):1-21.

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5. Michel J, Beattie BL, Martin FC, Walston J. Oxford Text Book of General Medicine, 3rd ed: Oxford University press; 2017.

7. PRACTICAL**Total: 90 HOURS****Time: 8 am to 4pm**

Sl. No.	Area of posting	No. Of week/days	Total hours
1	Medicine ward	3 Days	24 hours
2	Psychiatry ward	2 days	16 hours
3	MICU	3 Days	24 hours
4	Surgery ward	3 days	23 hours
5	Visit to old age home	9am to 12pm – half day	3 hours
	TOTAL		90 HOURS

8. Teaching/Learning modalities

- Lecture
- Group discussion
- Seminar
- Case discussion
- Quiz
- Clinical/lab practice/demonstration.

9. Assessment Strategy

Formative evaluation: group activity, case discussion, assignment

Summative evaluation: online MCQ test

10. Criteria for eligibility to appear for final Exam

80% attendance in theory


100% attendance in practical

50% internal assessment

11. Criteria for pass

In order to pass a candidate should obtain at least 50% marks aggregate including internal Assessment and marks obtained from final examination.

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12. Additional faculty requirement including internal and external faculty

- Expert in the field of geriatrics
- Expert in the field of ethics
- Guest faculty specialized in geriatric care

13. Additional equipment required

Lab equipments for health assessment

14. Additional infrastructure required

Postings will be in YMCH hospital and visit to old age home

15. Requirement of books/journals if not already available

Books are available in central library and departmental library

16. Course fee

Rs. 200

17. Budget


Remuneration for external teachers- Rs. 250 per hour (4 classes) = Rs.1000

Certificate: Rs. 15x20=Rs.300

18. Award of certificate

Title – Add on Course in Gerontological Nursing will be awarded by Yenepoya College of Nursing affiliated to Yenepoya (Deemed to be University) to the students who have passed in the final exam.

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